

ATHLIMA

TABLE TENNIS RULE BOOK

ITTF-BASED COMPETITION RULES

Simple • Professional • Player-Friendly

Tournament Edition: 2026

1. PURPOSE AND AUTHORITY

The Athlima 2026 Table Tennis Rule Book serves as the official governing manual for this inter-college tournament, blending local event guidelines with international sports laws. It provides a streamlined, easy-to-follow guide for the tournament's daily matches while using the Official ITTF Rules as its legal backbone. Under this structure, Athlima's custom rules take top priority for tournament organization, while global ITTF regulations automatically apply to handle standard gameplay mechanics, equipment standards, and any unexpected on-court disputes.

2. GAME FORMAT/ SCORING

- Games are played to 11 points
- Players serve two serves each, alternating. A player does not have to win specifically off their own serve in order to win a point
- If a game ties at 10-10, a player must win by 2 points. In this situation, players serve one serve each, alternating
- In competition, games are played best of 5 (first to win 3 games) or best of 7 (first to win 4 games).

3. Legal Serving

- You must throw the ball up straight, from a flat palm, at least 6 inches (16cm)
- Your toss and service contact must be behind the table surface (not over)
- You cannot hide the ball from the ball toss to contact, with any part of your body
- If the ball hits the net during service, it is a let, the point is replayed. There is no limit or point deductions for let serves.

4. Tournament Format/ Categories

- The tournament would be conducted on a knockout fixture
- Bye would be given if the number of teams is in odd number, and the fixture would be made accordingly
- Categories – Singles (Men's and Women's)
Doubles (Men's and Women's)
Mixed Doubles (Depends on the availability of participants)

5. OFFICIALS & DECISIONS

- **Authority of Officials:** Decisions made by the appointed umpire during a match shall be respected and treated as final.
- **No Arguments:** Players, team officials, and accompanying members shall not argue with, intimidate, or disrespect an umpire/referee
- **Disciplinary Action:** Any player or team member who engages in arguing, misconduct, abusive behaviour, or repeated indiscipline may be subject to disciplinary action by the organizing committee.
- **Disqualification:** Serious or continued indiscipline, including disrespectful or confrontational conduct toward officials, may result in the disqualification of the concerned college/team from the tournament, at the discretion of the organizing committee.

6. FOOTWEAR & PLAYING ATTIRE

- **Non-Marking Shoes:** Wearing proper non-marking tennis shoes/sports shoes is compulsory for all players while playing.
- **Appropriate Attire:** Players shall wear suitable sports attire appropriate for the competition.
- **Court Safety:** Players may be denied entry onto the court if their footwear is considered unsuitable or unsafe for the playing surface.

7. GENERAL PROVISIONS

- Participants are expected to familiarize themselves with these regulations before the tournament.
- Any matter not specifically covered in the rulebook will be decided by the organizing committee in consultation with the appointed tournament officials.
- The organizing committee may issue additional instructions where necessary for the safe and orderly conduct of the tournament.

